# **Every Woman**Wants More Choices

### Scheduling an appointment is easy.

**CALL** 515-226-9810

**CLICK** online at **lowaRadiology.com** 

**SCAN** with your smart phone to go directly to scheduling page



### Hours designed for your convenience.

**General Business Hours** 

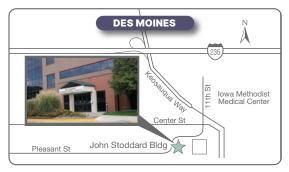
Monday - Friday 8am - 5pm

Saturday appointments available

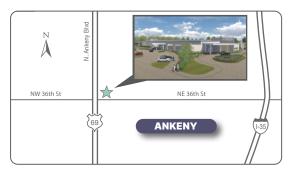
Location	Ankeny	Clive	Downtown
Date			
Time			



Clive Office: 12368 Stratford Drive, Ste. 300 • Clive, IA 50325 From I-80, Exit west onto University Avenue. Turn north onto 124th Street. We are the second building on the east side of the road.



**Downtown Location:** 1221 Pleasant St., Ste. 350 • Des Moines, IA 50309 **From I-235**, Exit south on Keo Way. Follow hospital signs to Methodist Hospital. We are located in Suite 350 of the John Stoddard Building. (Free parking is available in the parking garage west of the building)



**Ankeny Medical Park:** North Ankeny Medical Park, 3625 N. Ankeny Blvd., Suite H., Ankeny, Iowa 50023

From I-35, Exit west on 36th St. (exit # 94). Go west approximately 1½ miles and turn right (north) into the Unity Point Ankeny Medical Park. We are located inside of the Ankeny Medical Park on the northeast corner of Ankeny Blvd. and 36th Street.



515-226-9810 lowaRadiology.com

# 3-D DIGITAL MAMMOGRAPHY











In Partnership With



515-226-9810 lowaRadiology.com

Our Focus is Your Good Health





For women age 40 and over, an annual mammogram is the most important way to detect breast cancer in the earliest stages. Annual mammograms do not require a doctor referral and are generally covered by your insurance. Please check with your insurance.

## The reasons to choose low dose 3D mammography include:

- Doctors can find smaller masses sooner – especially if you have dense breast tissue.
- Heightened detail can detect cancer earlier.
- Less radiation dose
- Reduced additional testing needed.

### What is Low Dose 3D Mammography?

Iowa Radiology is proud to offer the next generation in 3D mammogram technology, Genius $^{\text{\tiny{M}}}$  low dose 3D with Smart Curve Mammography.

Genius<sup>™</sup> low dose 3D mammography is clinically proven to detect 20-65% more breast cancers compared to 2D alone.<sup>1</sup> It also reduces call backs by up to 40%.<sup>1,2</sup> It is the



only exam which is FDA approved as superior for women with dense breasts.<sup>1,3</sup>

The new Smart Curve compression device is more comfortable as it mirrors the shape of a woman's breast and applies uniform compression over the entire breast for added comfort. It is indicated for most women.

#### What to Expect

During your mammogram, your breast will be compressed while the x-ray arm makes a quick arc taking a series of images at a number of angles.

In some cases you may be asked to come back for additional imaging such as a diagnostic mammogram or ultrasound.

#### What You Need to Know

- Do NOT use deodorant or perfume before your appointment
- Plan for a 30 minute visit
- If your last mammogram was not performed at lowa Radiology, please let your scheduler know.

<sup>1.</sup> Results from Friedewald, SM, et al "Breast cancer screening using tomosythesis in combination with digital mammography." JAMA 311.24 (2014): 2499-2507

<sup>2.</sup> Bernardi D, Macaskil P, Pellegrini M, et al. Breast cancer screening with tomosynthesis (3D mammography) with acquired or synthetic 2D mammography compared with 2D mammography alone (STORM-2): a population-based prospective study. Lancet Oncol. 2016 Aug.17(8) 1105-13.

<sup>3.</sup> FDA submissions PO80003, P080003/S001, P080003/S004, P080003/S005